

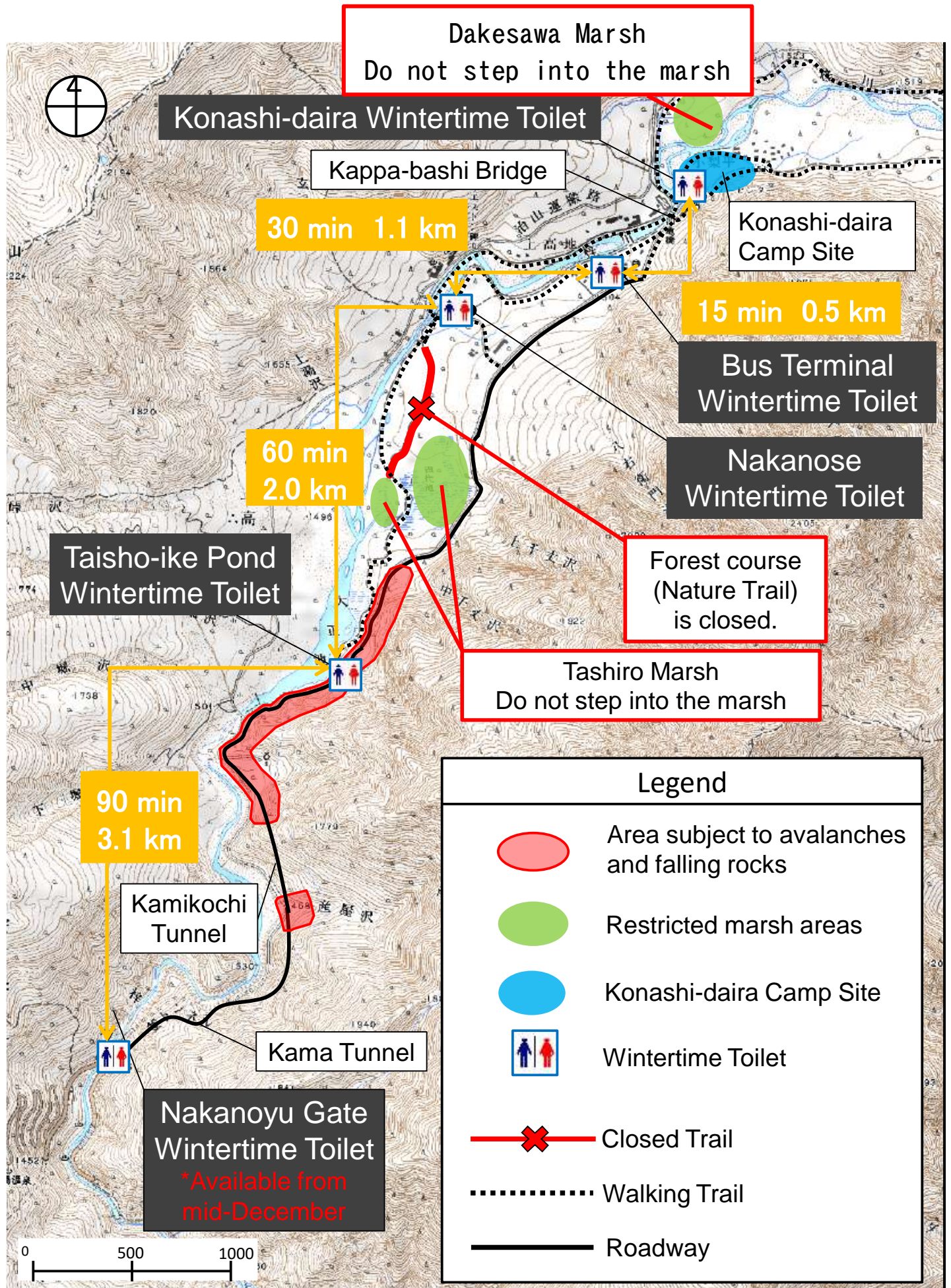
Rules in Kamikochi During Winter

Due to the fickle winter weather conditions in Kamikochi, there is a risk of **avalanches**, **falling rocks**, and **snowdrift forming**. When you go into Kamikochi, please keep in mind that **winter mountain climbing is done at your own risk**. For your safety and environmental conservation, **please stick to the following rules**.

- Submit a '**mountain climbing registration form**' at Nakanoyu Gate.
A box for submitting the form is set up at the gate.
- Beware of **avalanches**, **falling rocks**, and **snowdrift forming**.
Exercise particular caution regarding avalanches on the prefectural route between Kamikochi Tunnel and Taisho Pond.
- Use **the wintertime toilets** at **Nakanoyu Gate**, **Taisho Pond**, **Nakanose**, **the bus terminal**, and **Konashidaira**.
Please confirm locations before entering.
* The Nakanoyu Gate toilet is available from mid-December.
Contact: Matsumoto City Mountain Tourism Division TEL: 0263-94-2307
- **Keep on the path** and do not step into the marsh.
Doing so may impact the vegetation in the area. Please do not stray from roads or trails.
- Set up tents at **Konashidaira Campsite**.
Please do not enter the premises of hotels, ryokans, or the Visitor Center's overhang.
- **Take all** your garbage and food with you.
Your actions could have an impact on the wildlife in the area. Please take your garbage with you when you leave Kamikochi.
- The forest course (Nature Trail) is **closed**.
Due to the age and condition of the wooden path, we ask that you please **refrain from entering the trail**.

Matsumoto City Regional Civil Service Liaison Council

Contact number (Chubu Sangaku National Park Office) TEL: 0263-94-2024



Dakesawa Marsh
Do not step into the marsh

Konashi-daira Wintertime Toilet

Kappa-bashi Bridge

30 min 1.1 km

Konashi-daira Camp Site

15 min 0.5 km

Bus Terminal Wintertime Toilet

Nakanose Wintertime Toilet

60 min 2.0 km

Forest course (Nature Trail) is closed.

Taisho-ike Pond Wintertime Toilet

Tashiro Marsh
Do not step into the marsh

90 min 3.1 km

Kamikochi Tunnel

| Legend | |
|--------|--|
| | Area subject to avalanches and falling rocks |
| | Restricted marsh areas |
| | Konashi-daira Camp Site |
| | Wintertime Toilet |
| | Closed Trail |
| | Walking Trail |
| | Roadway |

Kama Tunnel

Nakanoyu Gate Wintertime Toilet
*Available from mid-December

