Winter Rules in Kamikochi

During the winter season, the weather in Kamikochi can be highly changeable, with serious risks such as avalanches, falling rocks, and blizzards.
When entering the area, please understand that it is a winter mountain condition, and all activities are undertaken at your own responsibility.
Please avoid entering for casual sightseeing purposes and be fully aware that this is a winter mountaineering area. For your safety and to protect the environment, please follow the rules below.

- Submit a 'Trekking Itinerary' at Nakanoyu Gate.
- Warning : Avalanche, Rockfall, and Blizzard Hazards.

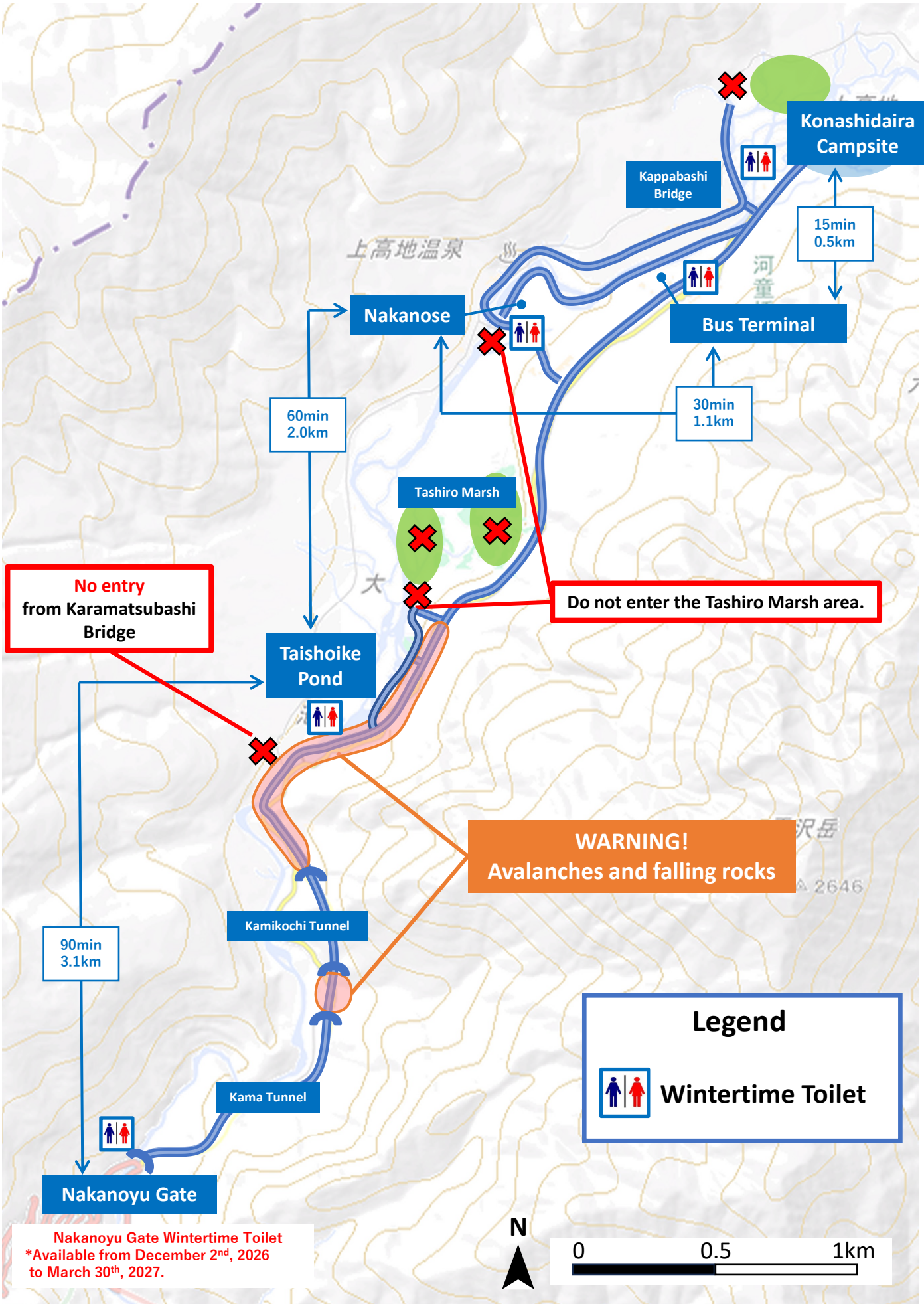
  Exercise particular caution regarding avalanches on the prefectural road between Kamikochi Tunnel and Taishoike Pond.
- Restrooms are only available at Nakanoyu Gate, Taishoike Pond, Nakanose, Bus terminal, and Konashidaira in winter.

  * Nakanoyu Gate toilet is available from December 2nd, 2026 to March 30th, 2027.
- Please do not enter vegetated areas or wetlands.

  To protect the fragile vegetation beneath the snow, please do not unnecessarily expand the area where you walk.
- Tenting is only permitted at Konashidaira Campsite.
- Bring all your litter and food with you.

Matsumoto Area Regional Civil Service Liaison Council

Contact number (Chubusangaku National Park Office) Phone : 0263-94-2024


Konashidaira Campsite
Kappabashi Bridge
15min 0.5km
Bus Terminal
30min 1.1km
Nakanose
60min 2.0km
Tashiro Marsh
Do not enter the Tashiro Marsh area.
No entry from Karamatsubashi Bridge
Taishoike Pond
WARNING! Avalanches and falling rocks
Kamikochi Tunnel
90min 3.1km
Kama Tunnel
Nakanoyu Gate
Legend
Wintertime Toilet
N
0
0.5
1km
Nakanoyu Gate Wintertime Toilet
*Available from December 2nd, 2026 to March 30th, 2027.