

Winter Rules in Kamikochi

During the winter season, the weather in Kamikochi can be highly changeable, with serious risks such as **avalanches, falling rocks, and blizzards**.

When entering the area, please understand that it is a winter mountain condition, and all activities are undertaken at your own responsibility.

Please avoid entering for casual sightseeing purposes and be fully aware that this is a winter mountaineering area. For your safety and to protect the environment, please **follow the rules** below.

- Submit a **'Trekking Itinerary'** at Nakanoyu Gate.
- **Warning : Avalanche, Rockfall, and Blizzard Hazards.**
Exercise particular caution regarding avalanches on the prefectural road between Kamikochi Tunnel and Taishoike Pond.
- **Restrooms** are only available at **Nakanoyu Gate, Taishoike Pond, Nakanose, Bus terminal, and Konashidaira** in winter.
* Nakanoyu Gate toilet is available from December 2nd, 2025 to March 30th, 2026.
- **Stay on the trail** and do not step into the marsh.
- Tenting is only permitted at **Konashidaira Campsite**.
- **Bring all** your litter and food with you.

Matsumoto Area Regional Civil Service Liaison Council

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