## Rules in Kamikochi during winter

Due to the fickle winter weather condition in Kamikochi, there are danger of avalanche, falling rocks and snow drifting. When you go into Kamikochi, please keep in mind that this is a winter mountain climbing at your own risk. For your safety and environmental conservation, please stick to the following rules.

- Submit 'mountain climbing registration form' at Nakanoyu gate.
- Beware of avalanche, falling rocks and snow drifting.
- Use the wintertime toilet at Nakanoyu gate,
  Taisho-ike Pond, Nakanose, Bus terminal and Konashi-daira.
- Stay on the path and do not step into the marsh.
- Set up a tent at Konashi-daira camp site.
- Take all your litter and food with you.
- Forest course (Nature Trail) is closed.

Matsumoto city regional civil service liaison conference

