

Rules in Kamikochi during winter

Due to the fickle winter weather condition in Kamikochi, there are danger of **avalanche**, **falling rocks** and **snow drifting**. When you go into Kamikochi, please keep in mind that this is **a winter mountain climbing at your own risk**. For your safety and environmental conservation, please stick to the following rules.

- Submit '**mountain climbing registration form**' at Nakanoyu gate.
- Beware of **avalanche**, **falling rocks** and **snow drifting**.
- Use **the wintertime toilet** at Nakanoyu gate, Taisho-ike Pond, Nakanose, Bus terminal and Konashi-daira.
*Nakanoyu gate toilet is available from mid-December.
【Contact : Matsumoto city mountainous tourism division TEL : 0263-94-2307】
- **Keep on the path** and do not step into the marsh.
- Set up a tent at **Konashi-daira camp site**.
- **Take all** your litter and food with you.
- Forest course (Nature Trail) is **closed**.

Matsumoto city regional civil service liaison conference

Contact number (Ministry of the Environment Chubusangaku National Park Office)

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